## **CLAIMS**

1. A method of measuring fluid flow from a fluid source to a baby's mouth through a nipple comprising:

providing a feeding pathway for fluid flow from the fluid source to the baby's mouth, wherein the feeding pathway has a first opening in communication with the fluid source and a second opening in communication with the baby's mouth; and

providing an indicator pathway for indicating the amount of fluid provided to the baby's mouth through the feeding pathway, wherein the indicator pathway has a first opening in communication with the fluid source and a second opening in communication with the baby's mouth,

whereby the amount of fluid drawn into the indicator pathway is indicative of the amount of fluid drawn into the feeding pathway.

- 2. The method of claim 1, wherein the cross-sectional area of the indicator pathway is substantially smaller than the cross-sectional area of the feeding pathway.
- 3. The method of claim 1, wherein the length of the indicator pathway is substantially longer than the length of the feeding pathway.
- 4. The method of claim 1, further comprising:

  providing a pressure delivery pathway between the baby's mouth and the second opening of the feeding pathway and the second opening of the indicator pathway.
- 5. The method of claim 1, further comprising providing a plurality of indicator pathways.
- 6. The method of claim 1, wherein the feeding pathway and the indicator pathway are integral to the nipple.
  - 7. The method of claim 1, further comprising:

providing gradiations along the indicator pathway to indicate the amount of fluid that has been provided to the baby's mouth through the feeding pathway.

- 8. The method of claim 1, further comprising:

  providing a plurality of feeding pathways to provide fluid from the fluid source to the baby's mouth.
- 9. The method of claim 1, wherein the fluid comprises breast milk, and wherein the feeding pathway and the indicator pathway are adapted to receive the breast milk from a mother's breast.
  - 10. The method of claim 1, wherein the fluid source is a bottle.
- 11. The method of claim 1, further comprising:

  providing a check valve in the indicator pathway to prevent the backflow of fluid.
- 12. The method of claim 9, further comprising providing a comfort pad disposed between the mother's breast and the indicator pathway.
- 13. The method of claim 9, further comprising providing a milk collection reservoir, wherein the milk collection reservoir is disposed between the fluid source and the first opening of the indicator pathway such that it maintains a supply of breast milk to prevent air bubbles from entering the indicator pathway.
- 14. The method of claim 9, further comprising providing a milk indicator reservoir, wherein the milk indicator reservoir is positioned in the indicator pathway.
- 15. The method of claim 1, wherein the indicator pathway further comprises a detachable indicator pathway.

## 16. An apparatus, comprising:

a feeding pathway for fluid flow from the fluid source to the baby's mouth, wherein the feeding pathway has a first opening in communication with the fluid source and a second opening in communication with the baby's mouth; and

an indicator pathway for indicating the amount of fluid provided to the baby's mouth through the feeding pathway, wherein the indicator pathway has a first opening in communication with the fluid source and a second opening in communication with the baby's mouth,

whereby the amount of fluid drawn into the indicator pathway is indicative of the amount of fluid drawn into the feeding pathway.

- 17. The apparatus of claim 16, wherein the cross-sectional area of the indicator pathway is substantially smaller than the cross-sectional area of the feeding pathway.
- 18. The apparatus of claim 16, wherein the length of the indicator pathway is substantially longer than the length of the feeding pathway.
- 19. The apparatus of claim 16, further comprising:

  a pressure delivery pathway between the baby's mouth and the second opening of the feeding pathway and the second opening of the indicator pathway.
- 20. The apparatus of claim 16, further comprising a plurality of indicator pathways.
- 21. The apparatus of claim 16, wherein the feeding pathway and the indicator pathway are integral to the nipple.
- 22. The apparatus of claim 16, further comprising:
  gradations along the indicator pathway to indicate the amount of fluid that has been provided to the baby's mouth through the feeding pathway.
  - 23. The apparatus of claim 16, further comprising:

a plurality of feeding pathways to provide fluid from the fluid source to the baby's mouth.

- 24. The apparatus of claim 16, wherein the fluid comprises breast milk, and wherein the feeding pathway and the indicator pathway are adapted to receive the breast milk from a mother's breast.
  - 25. The apparatus of claim 16, wherein the fluid source is a bottle.
  - 26. The apparatus of claim 16, further comprising:a check valve in the indicator pathway to prevent the backflow of fluid.
- 27. The apparatus of claim 24, further comprising a comfort pad disposed between the mother's breast and the indicator pathway.
- 28. The apparatus of claim 24, further comprising a milk collection reservoir, wherein the milk collection reservoir is disposed between the fluid source and the first opening of the indicator pathway such that it maintains a supply of breast milk to prevent air bubbles from entering the indicator pathway.
- 29. The apparatus of claim 24, further comprising a milk indicator reservoir, wherein the milk indicator reservoir is positioned in the indicator pathway.
- 30. The apparatus of claim 16, wherein the indicator pathway further comprises a detachable indicator pathway.

- 31. A method of indicating suction from a baby's suckling, comprising: receiving suction from a baby's mouth; providing the suction to at least a first pathway and a second pathway; and indicating in the second pathway the presence of the suction.
- 32. The method of claim 31, further comprising drawing fluid from a fluid source into the first pathway and the second pathway.
- 33. The method of claim 32, wherein indicating in the second pathway the presence of suction comprises:

indicating the presence of suction by the amount of fluid drawn into the second pathway.

- 34. The method of claim 33, further comprising providing gradations along the second pathway to indicate the amount of fluid drawn into the second pathway.
- 35. The method of claim 33, further comprising providing a color code on the second pathway to indicate the presence of fluid in the second pathway.
- 36. The method of claim 33, wherein the amount of fluid drawn into the second pathway is indicative of an amount of fluid drawn into the first pathway.